## **Home Economics, Intermediate 1 — Evaluative Comments**

Main Point	Comment
◆ Food should be hot or cold	♦ All the food products that I had chosen to make were either hot or cold, for example: truffles were cold, while the cheese and onion flan was hot. It is a good idea to have a variety of dishes at a party and I know this would appeal to teenagers.
◆ Food products chosen should be able to be eaten with a fork, spoon, or fingers	◆ All the food products that I had to make were able to be eaten with a fork, a spoon, or fingers, for example: you can eat truffles with your fingers, pasta and spicy sauce with a fork and chocolate mousse with a spoon. This made the dishes easy to eat for a teenager's party.
◆ Food products chosen should show a good use of time and should be planned	◆ The food products chosen were to show a good use of time which they did as I made as much food as I could during my time in the lesson. I also dovetailed my dishes in my planning and this helped my use of time.
◆ Food products should meet my own practical ability	◆ I chose food products which I thought were around my own practical ability which all my dishes were, so I didn't have a problem cooking them.
♦ Develop	♦ I added extra vegetables to the tuna past to make the taste better and to make look even more attractive with the tuna mixture with mayonnaise, spring onion, cucumber and sweetcorn.
◆ Teenage party	♦ The food which I made were suitable for a teenager's party because there was a different variety of food for people to choose from and they all could be in big or small portions.
♦ Abilities/skills	◆ I made sure I made food that I knew how to make so it wouldn't cause me any problems/and so that I knew how to make it correctly.
◆ Textile item/items	◆ The textiles I used included velvet and cotton which were appropriate for the appearance and function of the item.
♦ Gift	♦ My textile item is very suitable as a gift I have taken into account the interests, age and gender of the receiver and have finished the item to the best of my ability.

◆ Skills/ability	◆ I chose an item that I felt I could comfortably produce without needing help. I was aware of what I had made previously and the skills I had gained. However, I also wanted to test and improve my ability by selecting something challenging.
◆ Equipment available	◆ The majority of my textile items were produced using the sewing machine. I also used a variety of equipment to help develop the item further I ensured that all the equipment I needed was available to me before I started making the item.
◆ Suitable for children	◆ I think all my dishes are suitable for children because they all looked good so a child wouldn't turn their nose up and also they tasted good, not with acquired tastes.
♦ High in complex carbohydrates	<ul> <li>My soup and potato nicoise both contained potato so this gave complex carbohydrates</li> </ul>